



UNE EN 1005-3 [FORCES]

Task:

Company:

Date:

Observations:

Population

General

More protection

Subtask

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

Subtask data

Subtask

Observations (subtask):



| | | |
|--|---|--|
| Subtask duration | | |
| Select one option: | <input type="checkbox"/> 1 hour or less | <input type="checkbox"/> Between 2 and 8 hours |
| | <input type="checkbox"/> Between 1 and 2 hours | |
| Activity (Select one option) | | |
| Working with hand | <input type="checkbox"/> grabbing with the whole hand | |
| Working with the arm | <input type="checkbox"/> Upwards | <input type="checkbox"/> Downwards |
| | <input type="checkbox"/> Outwards | <input type="checkbox"/> Inwards |
| | <input type="checkbox"/> Pushing with supported trunk | <input type="checkbox"/> Pushing with unsupported trunk |
| | <input type="checkbox"/> Pulling with supported trunk | <input type="checkbox"/> Pulling with unsupported trunk |
| Working with the whole body | <input type="checkbox"/> Pushing | <input type="checkbox"/> Pulling |
| Working with the foot | <input type="checkbox"/> Action of the ankle | <input type="checkbox"/> Action of the leg |
| Movement Speed | | |
| Select one option | <input type="checkbox"/> The action involves immobility or very slow movement | <input type="checkbox"/> The action involves noticeable movement |
| Subtask Frequency Select one option | | |
| Actions per minute | <input type="checkbox"/> Less than or equal to 0.2 actions/min | <input type="checkbox"/> Between 0.2-2 actions/min |
| | <input type="checkbox"/> Between 2-20 actions/min | <input type="checkbox"/> More than 20 actions/min |
| Duration of each action | <input type="checkbox"/> Less than or equal to 3 seconds | <input type="checkbox"/> More than 3 seconds |

EXERTED FORCE (Kg). Measured with a dynamometer

| Value 1 | Value 2 | Value 3 | Value 4 |
|---------|---------|---------|---------|
| | | | |

VALUE CONSIDERED OF THE FORCE EXERTED (kg)