



## Postures OWAS

Task:

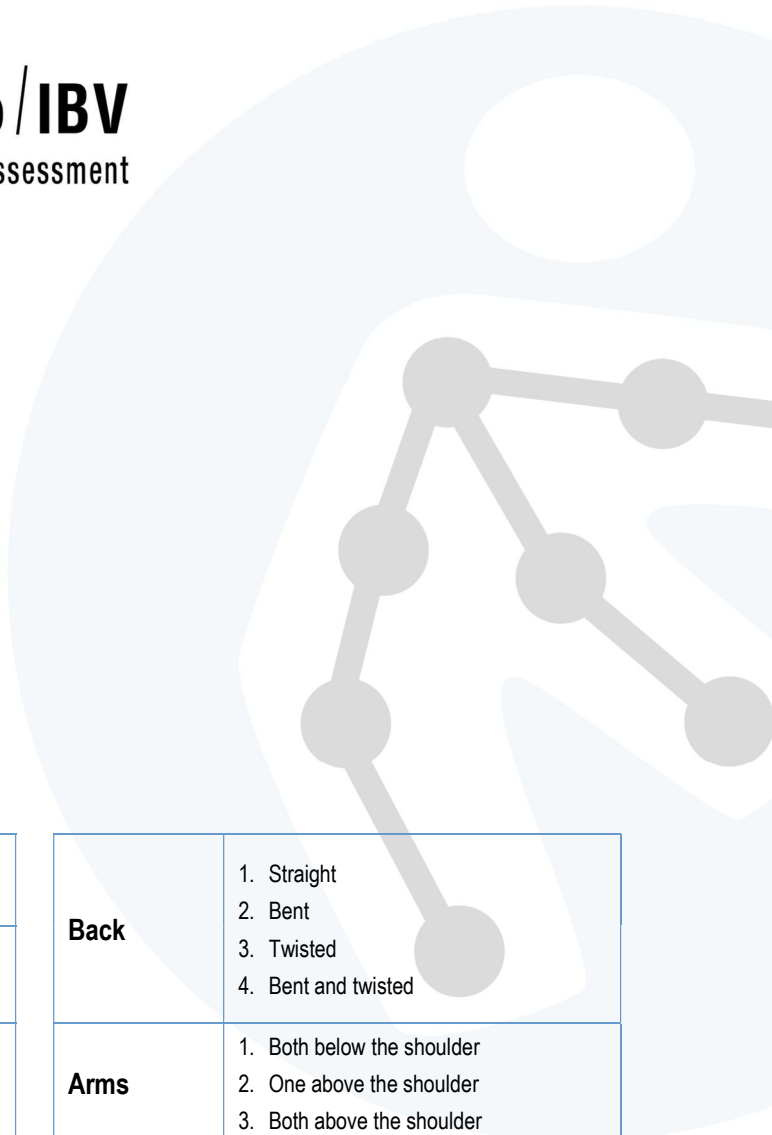
Company:

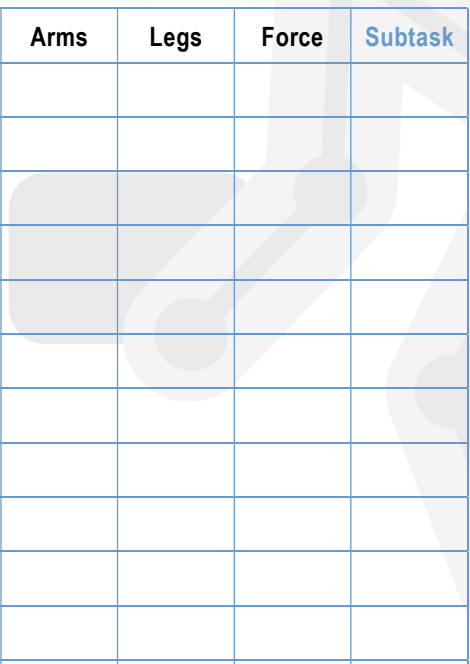
Date:

Sampling Interval:        seconds

<b>Subtask</b>	1	
	2	
	3	
	4	
	5	

<b>Back</b>	<ol style="list-style-type: none"> <li>1. Straight</li> <li>2. Bent</li> <li>3. Twisted</li> <li>4. Bent and twisted</li> </ol>
<b>Arms</b>	<ol style="list-style-type: none"> <li>1. Both below the shoulder</li> <li>2. One above the shoulder</li> <li>3. Both above the shoulder</li> </ol>
<b>Legs</b>	<ol style="list-style-type: none"> <li>1. Sitting</li> <li>2. Standing, legs straight</li> <li>3. Standing on a straight leg</li> <li>4. Standing, legs bent</li> <li>5. Standing on a bent leg</li> <li>6. Kneeling on one/both legs</li> <li>7. Walking</li> </ol>
<b>Force</b>	<ol style="list-style-type: none"> <li>1. Less than or equal to 10 kg</li> <li>2. Between 10 and 20 kg</li> <li>3. Greater than 20 kg</li> </ol>





	Back	Arms	Legs	Force	Subtask		Back	Arms	Legs	Force	Subtask
1						65					
2						67					
3						68					
4						69					
5						70					
6						11					
7						72					
8						73					
9						74					
10						75					
11						76					
12						77					
13						78					
14						79					
15						80					
16						81					
17						82					
18						83					
19						84					
20						85					
21						86					
22						87					
23						88					
24						89					
25						80					
26						91					
27						92					
27						93					
29						94					
30						95					
31						96					
32						97					

	Back	Arms	Legs	Force	Subtask		Back	Arms	Legs	Force	Subtask
33						98					
34						99					
35						100					
36						101					
37						102					
38						103					
39						104					
40						105					
41						106					
42						107					
43						108					
44						109					
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46						110					
47						110					
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49						112					
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52						115					
53						116					
54						117					
55						118					
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57						120					
58						121					
59						122					
60						123					
61						124					
62						125					
63						126					
64						127					